

Try This One Smart Trick to be More Productive Tomorrow

Want to be more productive tomorrow? Then leave a job half-finished tonight.

It doesn't sound like it would be a smart move but in fact it makes a lot of sense and is a very clever way to reduce the amount of time you spend procrastinating in the morning. Here we will look at why that is and how to use the trick correctly.

Why Half-Finished Work Can be a Good Thing

If it sounds odd to think that half-finished work could be a good thing, that's probably because we are constantly being told that we should count how much we've accomplished in the number of jobs finished. Leave one job incomplete and that's one less thing you've *done* that day right?

This might make sense if you were to purposefully stop what you were doing halfway through but that's not actually the point of this trick. Rather, you are going to do the same amount of work that you normally would but then you're going to start one *more* job before you go home and just do that for a couple of minutes to half an hour before heading home. This way you've done a little bit *extra* rather than a little bit *less*.

But what this also means is that you'll have left something 'open' in your mind when you leave. This is something that we as humans find highly uncomfortable and what that means is that it's then going to be playing on your mind. People *hate* leaving things unfinished and thus when you get into work the next day, you might well feel a lot more compelled to do a little more work and to finish that task before anything else.

At the same time, it's much *easier* to start a job that is already half started. That's because there's no soul-crushing point where you'll be staring at a completely blank page and instead you'll be able to start right away without having that 'writers' block' that you can get when you haven't actually started.

Then, once you have actually completed that piece of work, you'll already be 'in the zone' in terms of your mental state. In other words, because you've already started working, you won't procrastinate any more and instead will just move on to the next task (most of the time anyway).

So there you have it – leave something half-finished tonight and it might just be that much easier to pick up where you left off when you get home!